



**East Grinstead & District Lions Club**  
**(International Association of Lions Clubs)**  
District 105 SE England

**WE SERVE**

# *News Release*

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**2 June 2005**

## **Games were a success**

FUN AND games were the order of the day for teams taking part in this year's It's a Knock-Out.

The Lions Club's annual event took place at the Kings Centre and included teams from Lingfield based National Centre for Young People with Epilepsy and Larchwood in Crawley Down.

The day, based on the popular 1970s television show, is run in partnership with other Lions Clubs from Reigate and Redhill, Horley, Caterham and Biggin Hill.

The event, for people with disabilities, was given a party atmosphere by MC Barry Alston, a DJ at the Royal Marsden Hospital who added a bit of musical relief.

Jim Miller from the East Grinstead branch said: "We had seven teams taking part this year. When we started this four years ago we only had four.

"It is definitely becoming more popular." He added: "To see the enjoyment of these people makes it all worthwhile.

"Thanks to the people in East Grinstead who support us and allow us to do this sort of thing."

Mr Miller said "The Lions would like to thank Gaenor Spencer and all the staff at the Kings Centre for their help with the event."

*With acknowledgements to the 'The East Grinstead Courier'.*